

Sant Gadge Baba Amravati University, Amravati.

Syllabus on Choice Based Credit System

Prescribed for 2023-24 Year UG Programme

Programme B. A. Part II (Psychology)

Semester III

Human Development

(Childhood, Adolescence and Old Age: Development and Problems)

Course Outcomes: After completion of this course the students will be able to

- 1) understand the nature of human growth and development
- 2) analyze the process of human development
- 3) sensitize the issues of old age people
- 4) apply theories of human development in analyzing cognitive development
- 5) analyze the problems of school going children including learning disabilities
- 6) skill enhancement modules will enable the students to apply theoretical knowledge in dealing with various problems associated with childhood, adolescents and old age people.
- 7) Basic statistics and practicals in psychometric testing will enable the students to analyze the data and to use psychometric tests in counseling process.

A) Theory (Sixty Marks)

UNIT	CONTENT
Unit I Nature of Human Development	Nature of Human Development 1.1 Historical Perspective of Developmental Psychology 1.2 Definitions and Goals of Developmental Psychology 1.3 Nature of Growth and Development 1.4 Principles of Human

<p>Unit II Childhood</p>	<p>Development</p> <p>1.5 A Brief Sketch of Developmental Stages and Developmental Tasks</p> <p>2.1 Characteristics of Childhood</p> <p>2.2 Physical Development</p> <p>2.3 Cognitive Development – Piaget’s Approach</p> <p>2.4 Social Development - Albert Bandura</p> <p>2.5 Problems of School going Children:</p> <p>Learning Disabilities: Dyslexia, Dyscalculia, Dysgraphia, Non-verbal Learning Disability, Verbal Learning Disability (Aphasia and Dysphasia), Problems in Auditory and Visual Processing. ADHD (Attention Deficit Hyperactivity Disorders) and Autistic Disorder</p>
<p>Unit III</p>	<p>3.1 Characteristics of Adolescents</p>

<p>Adolescence :</p>	<p>3.2 Physical Development</p> <p>3.3 Emotional Development</p> <p>3.4 Social Development</p> <p>3.5 Cognitive Development</p> <p>3.6 Threats in Adolescence: Identity Crisis, Substance Abuse, Suicidal ideation and suicide, Sexual Orientation and Sexual Risk, Mobile and Internet Addiction, The problem in Goal Setting, Exam Stress, Love and Break-ups</p>
<p>Unit IV</p> <p>Old Age</p>	<p>4.1 Characteristics of Old Age</p> <p>4.2 Changes in Physical Abilities</p> <p>4.3 Changes in Mental Abilities</p> <p>4.4 Physical Hazards in Old Age</p> <p>4.5 Psychological Hazards in Old Age</p> <p>4.6 Important Health Issues in Old Age: Alzheimer Disease, Parkinson's disease, Empty Nest Syndrome, Old Age Home, Depression and Suicide</p>
	<p>The Measurement of</p>

Unit V	Central Tendencies
Applications of Statistics in Psychology	5.1 Mean
	5.2 Median
	5.3 Mode

B) Skill Enhancement Modules, any one of the following (Twenty Marks)

1. Visit to special Schools: to study the problems of specially disabled children and to prepare a report/case study
2. Identification of Learning disabilities and to prepare a report/case study
3. Visit to Observation Home: to study adolescents problems, to prepare a report/case study
4. Visit to Old Age Home: To study the old age problem and to prepare a report/case study

C) Practicals any Four of the following (Twenty Marks)

1. Mobile/Internet Addiction Scale
2. Suicidal Ideation Scale
3. Conflict Resolution Ability Scale
4. Parent-child Relationship Scale
5. Emotional Competence Scale
6. Level of Aspiration Scale
7. Study Habits Inventory

Books:

1. Elizabeth, B. Hurlock. Developmental psychology : A life span approach. Tata McGraw Hill.
2. Chaube S.P.(2017). Developmental Psychology. Neelkamal, Delhi.
3. Laura, E. Berk.(2005). Child development. Prentice Hall of india Pvt.Ltd, New Delhi, 6th Edition.
4. John ,W.(2007). A Tropical Approach to Life - Span Development. Tata McGraw Hill, Sant rock 3 rd.
4. Bornstein & Lamb.(2011). Cognitive Development. psychology press, New York.
5. Karanth & Rozarion, Sage(2009). Learning disabilities in India. New Delhi.

6. Pandey(2003). Learning disabilities in primary school children. Anmol Pvt. Ltd, New Delhi.
7. Shah, R.K. Learning disabilities. Avishkar, Jaypur.
8. खलाने, डॉ. शशिकांत., वैकासीतमानसशास्त्र. अथर्वपब्लिकेशन, धुळे.
९. कांडलकर, ल.(2002). मानवविकास. श्रीविद्याप्रकाशन, नागपूर.
१०. प्रभू, व्ही.(१९८२). निरामयकामजीवन. मॅजेस्टिकप्रकाशन, मुंबई.
12. बोरुडे, आर. कुमठेकर, आर. देसाई, एम. गोलविलकर, बी. एच.(१९९०) वैकसिकमानसशास्त्र. विद्यार्थीगृहप्रकाशन, पुणे.
13. भाग्यवंत, एस. आर., भाग्यवंत, पी. आर.(२००३) मानववैकासीतमानसशास्त्र. रेणुकाप्रकाशन, औरंगाबाद.
14. वराडपांडे, एस.(२००२) बालविकास. विद्यार्थीगृहप्रकाशन, पुणे.
15. हिरवे, आर. एस., तडसरे, व्ही. डी.(१९९९). वैकसिकमानसशास्त्र. फळकेप्रकाशन, जळगाव.
16. बोरकर, पुरुषोत्तम. मानवीवाढ व विकास. पिंपलापुळे बुक डिस्ट्रीबुटर, नागपूर.
17. काळे, प्रेमला.(१९८६). बालमानसशास्त्र. महाराष्ट्रविद्यापीठ, ग्रंथनिर्मितीमंडळ, पुणे.
18. Mangal, S.k.(2012). Statistics in psychology and education. PHI Learning Pvt. Ltd Delhi, 2nd Edition.

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Syllabus on Choice Based Credit System

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Programme B. A. Part II (Psychology)

Semester IV

Abnormal Psychology

Course Outcomes: After completion of this course the students will be able to

- 1) understand the concept of abnormal behavior
- 2) analyze the causes of abnormal behavior
- 3) sensitize the issues of people with psychological ailments
- 4) skill enhancement modules will enable the students to apply theoretical knowledge in dealing with various problems of people with psychological ailments
- 5) basic statistics and the practicals in psychometric testing will enable the students analyze the data and to diagnose psychological problems.

Part I: Theory (Sixty Marks)

UNIT	CONTENT
Unit I	1.1 The Concept of Abnormality, it's indicators 1.2 Classification of Abnormal Behavior 1.3 The DSM V and definition of abnormal behavior 1.4 General Causes of Abnormal Behavior: Biological, Psycho-Social and Socio- Cultural
Unit II	A) Anxiety Disorders: 2.1 Phobic Disorders: Specific Phobias, Social Phobia, Panic Disorder and Agoraphobia and Generalized Anxiety Disorder

	<p>B) Obsessive-Compulsive and Related Disorders</p> <p>2.2 Obsessive-Compulsive Disorder, Body dysmorphic Disorder, Hoarding Disorder, Excoriation Disorder (Skin-Picking) and Trichotillomania (Compulsive Hair Pulling)</p> <p>2.3 Somatic Symptom and Dissociative Disorders:</p> <p>Somatic Symptom Disorder, Illness Anxiety Disorder, Conversion Disorder (Functional Neurological Symptom Disorder), Factitious Disorder</p> <p>Depersonalization/Derealization Disorder, Dissociative Amnesia, Dissociative Identity Disorders</p>
<p>Unit III</p>	<p>Mood Disorders and Suicide:</p> <p>3.1 Unipolar Depressive Disorders: Major Depressive Disorder, Persistent Depressive Disorder, Other Forms of Depression (Loss and Grieving Process)</p> <p>3.2 Bipolar and Related Disorders: Cyclothymic Disorder, Bipolar Disorders I and II</p> <p>3.3 Suicide: The Clinical Picture and the Causal Pattern</p>

Unit IV	<p>Schizophrenia and other Psychotic Disorders:</p> <p>4.1 Clinical Picture of Schizophrenia, Subtypes of Schizophrenia,</p> <p>4.2 Other Psychotic Disorders (Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder, Brief Psychotic Disorder)</p>
Unit V	<p>Statistics: Applications of Statistics in Psychology</p> <p>Measures of Variability:</p> <p>5.1 Range</p> <p>5.2 Mean Deviation</p> <p>5.3 Quartile Deviation</p> <p>5.4 Standard Deviation</p>

Part II

Skill Enhancement Modules, any one of the following (Twenty Marks)

1. Analysis of Special Movies: to make a report
2. Visit to Psychiatric Hospital: Case Study
3. Preparing a Booklet on major psychological issues published in newspaper

Part III

Practicals any Four of the following (Twenty Marks)

1. Optimism –Pessimism Scale
2. Anxiety Scale
3. Frustration Scale
4. Stress Scale
5. Security – Insecurity Scale
6. Mental Depression Scale
7. Clinical Analysis Questionnaire

Books:

1. Chohen, Ronald Jay., Swerdlik Mark E. (2005). Psychological testing and assessment. McGraw Hill, New Delhi, 6th Edition.
2. Anastasia, A., Urbina Susana (2005). Psychological testing. Person education.
3. Freeman, Frank S. (1965). Psychological testing. Oxford & IBH Publishing. , New Delhi, 3rd Edition.
4. Kaplan & Saccuzzo, Wadsworth Thompson. (2001). Psychological testing.
5. McBurney, Thompson (2002). Research Methods. Indian Editions.
6. Shaugknessy (2009). Essentials of Research Methods in psychology. Tata McGraw Hill.
7. अपसामान्याचे मानसशास्त्र- डॉ. मानसीराजहंस , प्रा. अनघापाटील , डॉ. सुशीलसुर्वे , उन्मेषप्रकाशन , पुणे . (दिवितीय आवृत्ती)
8. अपसामान्य / मनोविकृतीमानसाशास्त्र- डी. आर. जोरोंडे, प्रशांत पब्लिकेशन, जळगाव, (२०१५)
9. मनोविकृतीशास्त्र- सवितादेशपांडे , नरेंद्रप्रकाशन , पुणे. (२०००)

Refarance Books:

- १ मनकाल्लोल – अच्युतगोडबोले, निलांबरीजोशी , मनोविकासप्रकाशन , पुणे (२०१६)
