

Sant Gadge Baba Amravati University, Amravati

Faculty: Humanities

Session: 2023-24

Two Years- Four Semesters Master's Degree Programme- NEPv23

**Syllabus: M.A. (HOME-ECONOMICS)
First Year Semester- I & II
(Syllabus)**

Sant Gadge Baba Amravati University, Amravati

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Syllabus: M.A. (HOME-ECONOMICS) First Year

Part A

POs:

After successfully completion of PG program in Home Economics student will be able to;

PO1. Define the problems and accept challenges amongst Home and Family.

PO2. Develop the student's understanding regarding home influences on the individual, school and Community.

PO3. Design workable plan in the household budget, make appropriate decision applying decision-Making process.

PO4. Prepare a diet Plan, create innovative recipes and therapeutic diet to counter nutritional Problems and maintain the health of the family.

PO5. Formulate qualitative designs and descriptive survey using Questionnaires, Observations, Interviews and document investigation to collect, analyse, and interpret the collected data Pertaining to the study.

PO6. Compare knowledge of consumer rights and responsibilities in order to consumer choices and Understand the knowledge of Intellectual Property and its protection through various laws

PO7. Provide specific experiencing staff required for professional Home-Economics employment and Self-employment.

PO8. Obtain knowledge of Intellectual Property and its protection through various laws.

PO9. Imbibe the knowledge of Intellectual Property and its protection through various laws.

PSOs

PSO1. Recognize the significance of the early years and implications for optimizing human Potential

PSO2. Get acquainted with principles of food preservation and understand objectives and methods of cooking.

PSO3. Understand knowledge of Intellectual Property and its protection through various laws.

PSO4. Explain the meaning, process and importance of research in Home-Economics.

PSO5. Draw house plans for various income groups and apply art and design's skills in interior Decoration.

PSO6. Define concepts of nutritious foods, Health Normal diet and Therapeutics Diet plans.

PSO8. Identify different fabric formation techniques get knowledge and skill about different dyes, Dyeing techniques and printing.

Employability potentials of the Program

Home-Economics education is an education for life. Home Economics is an applied subject in which all areas of courses are utilized in daily individual life and community services. This area has vast potential that develops learning communities. Home Economics is an evolving practical discipline with a lot of employment potential in both the academic and commercial sectors. Home- Economics covers areas of specialization such as Food and Nutrition, Communication and Extension, Resource Management, Human Development, Fabric and Apparel Science. Home- Economics is a combination of art and science not only confined to food and nutrition but also Housekeeping, Textiles, Dietetics, Family Relations, Community living, Consumer Economics, Child Development and Hygiene. To begin a career in this field, Students must possess a rational mind, a realistic approach, and an objective attitude. Increasing consciousness concerning health, diet and way of life has increased the number of candidates taking Home-Economics as their career source.

Students continue their Ph.D. in the field of Home Economics and take up NET examination in Home Economics. Home-Economics students have many employment opportunities in private companies, NGOs, and entrepreneurship development. Home-Economics graduates can run childhood care units like Day-care Centres, Crèches, Nursery school after-school centres and Health Centres. Health center's can provide specialist advice for the dietary needs of people suffering from different diseases. These centres will not only be a service to the community but would help them create employment for themselves and others. Students with M.A. degrees can disseminate essential information related to health-conscious and community health. Home-Economics post graduates have ample employment opportunities in the private sector (cooking, fashion designer, housekeeping, dieticians), (social welfare officers, food analysts, fashion designers), the government sector (scientists, professors, research assistant) and self-employment sector (boutique, clothes designing, coaching Centre, hobby Centre, child care, catering and health care.

Research methodology is a way to systematically solve the research problem around the human beings and environment. This will also enable the students to prepare report writing and framing Research proposals. Employability is an important indicator of the competency of the employees. IPR is an acronym for Intellectual Property Rights. **The popular benefits of starting a career in Research and IPR are:**

- Businesses, artists, designers, manufacturers, scientists,
- Research data Analyzer,
- Statistical data interpretation tools and technic services,
- Government Jobs -Patent Examiner and R&D IPR Counsel,
- Private Jobs in Pharmaceutical sector,
- Patent drafting and patent filing, Patent agent and Trademark agent,
- Scalable start-ups.

Family Resource Management and Event Management, student will have acquired a range of skills and knowledge that can qualify for various job profiles. **Some potential job profiles in this field include:**

- Event Planner/Coordinator and Wedding Planner,
- Marketing and Promotion Specialist,
- Family Resource Manager,
- Community Event Coordinator,
- Corporate Event Manager,

- Hospitality and Resort Event Manager,
- Entrepreneur/Event Management Consultant, etc.

Human Development course provide students with a strong background in development a cross the life span with a variety of contexts including the family, community and Society **Human**

Development post graduates are ready for carriers in public and private:

- Human service agencies,
- Day Care assistant,
- Early childhood, Child care centre director, Early childhood education,
- Child Psychologist,
- Nursery school teacher,
- Family Counsellors,
- Geriatric care takers Child , caretaker/Counsellor,
- Child development training, coordinator/ Counsellor, etc.

Textile Clothing and Fashion Designing course having a lot of careers in the textile industry, require at least a master's degree in a relevant field, such as textile engineering, fashion design, textile technology, or textile chemistry. **Some professions may also require additional Certifications or**

training. Education of-

- Hand Embroidery, Machine Embroidery,
- Spinning Mill Operator, Textile Designer, Textile Engineer,
- Merchandiser,
- Pattern Maker, Textile Chemist, Textile Researcher,
- Dyeing Technician,
- Weaving Technician, Textile Machinery Technician,
- Fabric Quality Controller,
- Print Designer, Garment Technologist, etc.

Counselling Psychology course offers the student's opportunities as a Psychotherapist, Social worker, Social Psychology Counsellor, etc.

Part B

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Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- I

Semester I - Paper and Syllabus

Sr. No	Type Subject/paper /course	Code No	Name of the Subject	Allotted Hours	Credits
1.	RM & IPR	2114	RM and IPR	60	4
2.	DSC-I.1	2111	Family Resources Management	75	5
3.	DSC- II.1	2112	Human Development	60	4
4.	DSC-III.1	2117	Textile Clothing & Fashion Designing	75	5
5.	DSE-I.A DSE-I.B		MOOC /Counselling Psychology	60	4
6.	On Job Training, Internship/ Apprenticeship, Field projects	--	Related to Program and subjects	120 (Sem I & II)	---
				Total	22

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Research Methodology and IPR

Sr. No	Code of the Course/Subject	Title of the Course/Subject Home-Economics (Theory)	Total Number of Periods (1 Hour period)	Credit
1.	RM &IPR 2114	Research Methodology and IPR	60 Periods (60 hours)	4

Objectives-

1. To understand the basic, conceptual knowledge of research and its application in Home-Economics.
2. To acquire knowledge about select methods for conducting research.
3. To enhance the ability on how to apply sampling techniques in research.
4. To motivate and generate report writing skills among the students.
5. To introduce fundamental aspects of Intellectual property Rights to students.

COS

After the completion of this course, a student will be able to:

CO1. Understand and comprehend the basics in research methodology and applying them in Research/ Project work.

CO2. Explain the meaning, process and importance of research in Home-Economics

CO3. Appreciate the importance of scientific research and create awareness about IPR function

CO4. Understand knowledge of Intellectual Property and its protection through various laws.

CO5. Realize the registering process of Patent, Copyright, Trademarks and Industrial Design

CO6. Define the important of Patent.

Unit	Contents	Allotted periods/hours
Unit I Introduction of Research And research problem	1.1. Research: Meaning, Definition, Scope and Objectives. 1.2 Classification of Research: Fundamental /Pure, and Applied/Action Research 1.3. Characteristics of Social Research and Qualities of Good Researcher. 1.4. Research Problem: Meaning and Criterion of good Research Problems. 1.5 Role of Home Economics to Solve Community Problems.	12

Unit II Research Problems And Research Design.	2.1. Meaning and Definition of Research Design. 2.2. Classification of Research Design. 2.3. Meaning and Definitions of Hypothesis 2.4. Concept and sources of Reviews. 2.5. Sources of Data collection: Primary and Secondary.	12
Unit III Data Collection & Hypothesis	3.1 Meaning and characteristics of Sampling 3.2. Types of Sampling methods: Probability Sampling Methods - (Simple, Random sampling, Systematic, Stratified Random, /Cluster sampling); Non-Probability Sampling Methods (Convenience Sample, Quota Sampling) 3.3. Research Proposal: Concept and Types. 3.4. Interpretation of data. 3.5.Statistical Tools -Mean, Median, Mode Standard deviation	12
Unit IV Sampling And Review of Literature	4.1. Report writing :Introduction and Objectives 4.2. Graphical Representation of data in Statistics. 4.3 Body/elements of thesis: Introduction, Review of literature, Research Methodology, Results & Discussion, Summary, Conclusion & Recommendations. 4.4. Primary matter/ pages in thesis. 4.5. Back Materials: References and Appendices.	12
Unit V Statistical Analysis Introduction IPR	5.1. Intellectual Property Introduction and concept. 5.2 Intellectual Property Right: Nature and Types. 5.3. Intellectual Property Right and India. 5.4 Copyright and Rights regarding Copyright. 5.5. Patent: Techniques of writing a Patent.	12
Internal Assessment (30 Marks)		
Unit tests (2)	Unit test 1 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
Skill Enhanced Activities	Assignment/Seminar /Report writing/ Research activity	10 Marks
	Total	30 marks

Course Material

BOOKS RECOMMENDED:

1. Kumar, R (2011) Research Methodology: A step by Guide for Beginners, SAGE publication
 2. Kothari, C R (2004):Research Methodology: Methods and Techniques, 2nd Revised Edition, New Age International Publishers
 3. Gupta, S P:s tatistical Methods
 4. Agalave Pradip (2008),Samajik sanshodhan padhati : Sainatha prakashan , Nagpur
 5. Kothari C.R.: A Guide for Researchers in Social Sciences and Management.
 6. Stuart Melnille & Wayne Goddard : Research Methodology : An Introduction
 7. Plant D. Leely : Practical Research
 8. H.V. Deshpande : Research in Literature and Language, Philosophy : Areas and Methodology
 9. David Willinson : Research Tools Kits : A Complete Guide to Practitioner Research
 10. Winklison T.S. and P.L. Bhandarkar – Methodology and Techniques of Social Research, Himalaya Publishing House, Bombay.
 11. P.V. Young – Scientific Social Surveys and Research
 12. Khrhrade B M (2011) ,Shyastriy Sanshodhan padhati :Pimpalpure Prakashan, Nagpur
 13. Geographical Indications", Universal Law Publishing, 2014.
 14. Wadehra, B.L.(2016) "Law Relating to Patents, Trademarks, Copyright Designs and
 15. बोधनकर सुधीर, अलोनी विवेक (2009) सामाजिक संशोधन पद्धती- साईनाथ प्रकाशन नागपूर
 16. दांडेकर वा.णा- शैक्षणिक मूल्यमापन व संख्याशास्त्र श्री विद्या प्रकाशन पुणे
 17. कुंभोजकर ग.वी- संशोधन पद्धती व संख्याशास्त्र फडके प्रकाशन, कोल्हापूर
 18. मुळे. (1977) शैक्षणिक संशोधनाची मूलतत्त्वे- महाराष्ट्र विद्यापीठ ग्रंथ निर्मिती मंडळ, नागपूर.
 19. सुनील माई, सामाजिक संशोधन पद्धती. डायमंड पब्लिकेशन, पुणे
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Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- I

Family Resource Management

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics (Theory)	Total Number of Periods (1 hour period)	Credit
1	DSC-I.1 2111	Family Resource Management	75	5

Objectives:

1. To understand the fundamentals of Family Resource Management.
2. To apply efficiently decision-making steps in day-to-day life.
3. To create awareness about the importance of time and energy management.
4. To apply the skill of Event management in planning events.

COs:

After successfully completion of course student should be able to-

CO1. Apply the Knowledge of energy and time management.

CO2. Make their carrier in the field of Event Management.

CO3. Evaluate plan activities use of decision-making steps.

CO4. Design Event plan by applying knowledge of different types of resources.

Unit	Contents	Allotted Periods/Hours
Unit I Family Resource Management	1.1 Concept and functions of Family Resource Management. 1.2 Objectives and scope of Family Resource Management. 1.3 Principles of Family Resource Management. 1.4 Classification of Resources. 1.5 Advantages of Family Resource Management and ways of improving the use of resources.	15
Unit II Home Management	2.1 Process and element of Home Management 2.2 Motivating factors of management: Values, Goals and Standard. 2.3 Applied management to the use of resources Within and Outside home. 2.4 Factors influencing Resource Management. 2.5 Qualities of good manager	15

Unit III Decision Making Management	3.1 Concept and objectives of Decision Making. 3.2 Problem solving and decision making as central processes of Family life. 3.3 Characteristics of Decision Making. 3.4 Techniques of Decision Making 3.5 The effects of resources in decision making.	15
Unit IV Time and Energy Management	4.1 Process of time and energy management. 4.2 Role of time and energy management in different stages of Life cycle. 4.3 Tools in time management. 4.4 Use of appliances in energy management. 4.5 Fatigue and energy management.	15
Unit V Event Management	5.1 Concept and significance of Event Management. 5.2 Types of Events and its management. 5.3 Factors affecting of Event Management. 5.4 Recent Trend in Event Management. 5.5 Qualities of good event manager.	15
Internal Assessment (Marks 30)		
Unit tests (2)	Unit test 1 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
Skill Enhanced Activities	Organize Event and report writing(any one):	10 Marks
	Total	30 marks

Courses Materials/References

- Bhargava Bela, 2005: Family Resource Management and Interior Decoration, University Book House Pvt. Ltd., ISBN-13 978-8187339229
- Gupta Sushma 2018: Textbook of Family Resource Management: Hygiene and Psychology, Kalyani Publishers, ISBN-10 9327293975
- Singh Dr Brinda 2020: Family Resource Management, Panchshee Prakashan
- P. Seetharaman 2019: An Introduction to Family Resource Management, CBS Publications
- Shrivastav D.N. 2015: Family Resource Management, SBPD Publication House, ISBN- Moore J. Tami 2021: Resource Management, SAGE Publication, ASIN B09B8LXBR5
- Smith C. Jonathan 2002: Stress Management: A comprehensive handbook of techniques and Strategies, ISBN-13 978-0826149473
- भार्गव, डॉ. बेला 2005. कौटुंबिक संसाधन व्यवस्थापन आणि अंतर्गत सजावट
- गुप्ता, सुष्मा, 2018. फॅमिली रिसोर्स मॅनेजमेंट कल्याण पब्लिशर्स
- .सिंह, डॉ. वृंदा 2020. कौटुंबिक संसाधन व्यवस्थापन पंचशील प्रकाशन.
- पी. सितारामन 2019. कुटुंब संसाधन व्यवस्थापनाचा परिचय सीबीएस प्रकाशन.
- .श्रीवास्तव डी एन 2015 फॅमिली रिसोर्स मॅनेजमेंट पब्लिकेशन हाऊस.
- मुर जे तामी 2021. रिसोर्स मॅनेजमेंट सेज पब्लिकेशन

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Session: 2023-24
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Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- I

Human Development

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics (Theory)	Total Number of Periods (1 hour period)	Credit
1	DSC-II.1 2112	Human Development	60	4

Human Development

Objectives:

1. To introduce the students to the major concept of Human Development.
2. To provide the information to the students about the characteristics of children.
3. To acquire knowledge of parent's child relationship.
4. To make students aware of early childhood education.

COs

After successful completion of this course, students will be able to

- CO1. Determine child development problems by studying and applying study methods.
- CO2. Evaluate the obstacles in early and late childhood.
- CO3. Create a sense of personal care and beauty in every phase of daily living.
- CO4. Apply obtained knowledge in pre-school and childcare institutions.
- CO5. Develop employability and self-employment skills applicable in child care and learning.

Unit	Content	Allotted Periods/Hours
Unit I Introduction to Human Development	1.1 Meaning and definition of Human Development 1.2 Scope and significance of Human Development 1.3 Stages of Human Development 1.4 Human Development and Family Relationship 1.5 Methods of child study <ol style="list-style-type: none"> a) Running Record b) Interview Method c) Observation Method d) Biographical e) Experimental method 	12

Unit II Early Childhood	2.1 Meaning, definition, significance and characteristics of early childhood 2.2 Development tasks in early childhood 2.3 Emotions and Emotional expression 2.4 Social Development, activities and play interest 2.5 Speech development, moral attitude and behaviour	12
Unit III Late Childhood	3.1 Meaning, definition and characteristics of Late childhood 3.2 Emotional development in late childhood 3.3 Social development in late childhood 3.4 Speech development in late childhood 3.5 Moral development in late childhood	12
Unit IV Early Childhood Education	4.1 History of Early Childhood Education 4.2 Goals and Objectives of Early Childhood Education 4.3 Contribution of Education philosophers in the field of early childhood education 4.4 Institutions of Early Childhood Education: Balwadi and KGs. 4.5 Non-formal pre-school education and its importance	12
Unit V Parents and child relationship	5.1 Concept and definition of parent & child relationship 5.2 Importance of parents and child relationship 5.3 Types of Parenting styles: Authoritarian, Neglected and Permissive 5.4 Types of Child-rearing practices & its needs 5.5 Parents and teachers meeting	12
Internal Assessment (Marks 30)		
Unit tests (2)	Unit test 1 (Open Book Test/ Objective type Test/Descriptive Test)	10 marks
	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 marks
Skill Enhanced Activities	Attend the Parent and Teachers meeting and summaries the Observed system. Or Visit to Preschool/Anganwadi- Report on	10 marks
	Total	30 marks

Course Materials

Reference Books:

1. Hurlock. E.B. Developmental psychology Tata McGraw hill publishing company Ltd.New Delhi. 2.
2. DevadasR.PA text book of Child Development and Jaya N. Mac Millan India Ltd.Delhi.
3. Suriyahanth. A Child Development Kavitha Publications, Gandhi Gram Tamilnadu.
4. Hurlock E. B. Child Development Tata HC Grawshill Publishing CompanyFontana
5. David-Personality and Education
6. Graves, F.P-Great Educations of Three Centuries
7. Hurlock Elizabeth- Child Development Psychology
8. चंदावसकरनलिनी-किशोरावस्था, म. वि. ग्रं. नि. मंडळ, नागपूर
9. देव, प्रफुल्ल, एनवरायजादाविपीनसिंह -बालमनोविज्ञान
10. काळे, प्रेमला- बालमानसशास्त्र
11. योगेंद्रजीतभाई- बालमनोविज्ञान
12. प्रियंवदालाठकर -मातृकलाबालविकासवबालशिक्षण
13. हेमापुरंदरे- जगजनुकांचे
14. वृंदासिंह- मातृकलाएवमशिशुकल्याण, पंचशीलप्रकाशन, पुणे
15. dkaMydjfyuk&ekuofodkl
16. gkojsT;ksrh&ekuofodkl

Weblink to Equivalent MOOC on SWAYAM if relevant:

1. <https://www.mooc-list.com/tags/human-development>
2. <https://www.coursera.org/learn/learning-knowledge-human-development>

Weblink to Equivalent Virtual Lab if relevant:

Any pertinent media (recorded lectures, YouTube, etc.) if relevant:

1. <https://www.youtube.com/watch?v=vAiQ63ZTVJs>

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Syllabus: M.A. (HOME-ECONOMICS) First Year Semester-I

Textile Clothing and Fashion Designing

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics	Total Number of Periods (1 hour period)	Credits
1.	DSC-III.1 2117	Textile Clothing and Fashion Designing (Theory)	45	3

Textile Clothing and Fashion Designing

Objectives: -

1. To introduce the student to Textile, Clothing and Fashion Designing.
2. To explain the importance of Textile and Clothing.
3. To develop an understanding of different types of Fibres, Yarns and Fabric construction.
4. To acquire the knowledge of different Textile Finishes.
5. To create the ability to make different types of Design Placement and Regional Embroidery.

COs:

After successful completion of course, the student will be able to-

- CO1. Evaluate and differentiate between Textile Faber.
CO2. Determine and identify general and unique finishes.
CO3. Apply Fabric Printing to decorate garments.
CO4. Describe types of Fabric Construction Methods.
CO4. Generate employment using the knowledge of different regional embroidery patterns.

Unit	Content	Allotted Periods/Hours
Unit-I Introduction to Textile	1.1.Introduction and Revolution of textile and clothing. 1.2.Classification of textile fibers 1.3.Manufacturing process, properties of fibers 1.4.Natural fibers – Cotton, Silk, Wool and Jute 1.5.Manmade fibers –Artificial fibers, Rayon, Polyester, Nylon Fiber,	9
Unit-II Fabric Construction.	2.1 Yarn Formation-Mechanical and Chemical spinning. 2.2 Types of yarns-Simple, Novelty. 2.3 Textured yarn. 2.4 Fabric Construction – Methods of Fabric Construction, 2.5 Felting, knitting. Braiding and weaving.	9
Unit-III	3.1.Finishes – Definition, Importance.	9

Finishes	3.2.Finishes – Classification 3.3.Purpose of Finishes. 3.4.General Finishes – Scouring, Bleaching, Teetering, Singeing, and Sizing 3.5.Special Finishes – Mercerizing, special calendaring, Waterproof and water repellent, fireproof, wrinkle- resistant, shrinkage control (sulfurizing) and Embossing.	
Unit-IV Dyeing and Printing	4.1. Classification of Dyes: i) Natural Dyes ii)Vegetable Dyes iii) Animal Dyes iv) Mineral Dyes 4.2. Synthetic Dyes: i) Acid Dyes ii) Direct Dyes iii) Mordant 4.3. Identifying Dyeing Defects. 4.4 Methods of Fabric Printing: Handmade i)Tie and Dye ii) Block printing 4.5. Methods of Fabric Printing: Technical i) Screen ii) Stencil iii) Roller	9
Unit-V Embroideries	5.1.History of Embroidery 5.2.Care and Selection of design for embroidery 5.3.Types of printing 5.4.Embroideries- i)Kasuti of Karnataka ii) Phulkari of Punjab iii) Khatiwada of Gujarat Embroideries- 5.5. Regional Embroideries- i).Bengali Kantha ii) Kashmiri Embroidery iii) Applique work of Bihar	9
Internal Assessment (Marks 30)		
Unit tests (2)	Unit test 1 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
	Poster presentation/Seminar/Class Work (activities report)	10 Marks
	Total	30 Marks

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Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- I

Sr.No.	Code of the Course/Subject	Title of the Course/Subject Home-Economics (Laboratory/Practical/practicum/hands-on/Activity)	Total Number of Practical	Credits
1.	DSC-III.1 2117	Textile Clothing and Fashion Designing	2Practical/Week/Batch 30 Hours	2

Textile Clothing and Fashion Designing

COs:

After successful completion, of course, the student can be able to -

CO1. Enhance skill of designing and make the paper pattern for different types of garments.

CO2. Apply gained knowledge for creation of latest fashion in Textile and clothing industries.

List of Practical

Sr.No	Practical course/ (2 Practical/Week/Batch)
1	Regional Embroideries of India <ul style="list-style-type: none">○ Phulkari of Punjab.○ Kathi wadi Embroidery of Gujarat.○ Embroidery of Kutch○ Chicken Kari○ Kasuti of Karnataka.
2	Demonstration and preparation of samples. <ul style="list-style-type: none">○ Tie and Dye○ Batik/ Block printing

Distribution of Practical Marks

Total Marks-50

Practical Work	Marks	Evaluation Mode	Total Marks
Embroidery Sample (Any Two)	10	External	25
Printing sample (Any one type)	10		
Viva	05		
Embroidery album with sample (Printing and Embroidery Samples)	20	Internal	25
Record book	05		

Course Materials

Reference Books

1. Allynne Bans: Creative Clothing Construction
2. Baxamusa Ramdas M and Gupte Giririja: Assistant for women's Development from national agencies: popular Prakash and Bombay
3. Dewulkar Durga: Household Textile and Laundry Work.
4. Katherence Hess Textile fibres and their Use
5. Nikolus Drake: Fashion Illustration Today
6. Savitri Pandit Regional Embroidery.
7. Allyn Bans: creative clothing construction.
8. M. Joseph, Holf Rinechants (1995) Essentials of Textiles, Winston Publications
9. Moncrief R.W, (1980) Manmade Fibres, John Willey and Sons, New York 9. Corbman B(1990) Fibre to Fabric, Woods publications 10. A.F Barker,(1985) Principles of Weaving, John Willey and Sons, New York 11. Cook J Gordon,(1975) Handbook of Textile Fibres Merrow Publishing Co. Ltd., England
10. 9. Yalda Vijay Laxmi , jasnaisucheta: Home science -kalyani publishers , New Delhi.
11. अढाऊ विमल :वस्त्रशास्त्रम. वि. ग्रंथनिर्मितीमंडळ, नागपूर
12. 10. वैरागडे उज्वला, अग्रवाल अन्विता: वस्त्रशास्त्राची संकल्पना व फॅशन डिझाईनिंग
13. नाडकर्णी रामचंद्र: स्वयंरोजगारमंत्र आणि तंत्र मनोरमा प्रकाशन मुंबई.
14. वाघसुरेश: उद्योग ज्ञानदीप महाराष्ट्र उद्योगविकास केंद्र औरंगाबाद
15. 13. अढाऊ विमल: वस्त्रविज्ञान श्रीकांत प्रकाशन अमरावती
16. 14. हेगडेकृ. म. शास्त्रोक्त शिवणकला परशुराम

Sant Gadge Baba Amravati University, Amravati

Faculty: Humanities

Session: 2023-24

Two Years- Four Semesters Master's Degree Programme- NEPv23

Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- I

Counselling Psychology

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics	Total Number of Periods (1 hour period)	Credits Total
1.	DSE-I.A,B	Counselling Psychology (Theory)	60	4

Counselling Psychology

Objectives: This course will enable the students-

1. To Introduce basic concept of counselling
2. To familiarize students basic concept of psychology
3. To understand methods of counselling
4. To aware students about physical as well as psychological Health.

COs

After successfully completion of course student should be able to-

- CO1. Understand basic methods of counselling.
- CO2. Learn family counselling therapy and its Branches of therapy.
- CO3. Disseminate knowledge of various fields of counselling in communities for better health.
- CO4. Awareness of mental illness and mental health in the surrounding area.
- CO5. Recognized and explain various types of problems faced by family members.

Unit	Content	Allotted Periods/Hours
Unit I Introduction to Counselling & Family Therapy	1.1 Meaning and Scope of Counselling. 1.2 Importance of Counselling 1.3 Issues of Counselling 1.4 Meaning and Scope of Family Therapy 1.5 Importance of Family Therapy	12
Unit II Introduction to Psychology	2.1 Meaning & Definition of Psychology. 2.2 Objectives of Psychology. 2.3 Fields of Psychology. 2.4 Methods of Psychology. 2.5 Branches of Psychology.	12
Unit III		12

Type of Family Therapy	3.1 Systemic Family Therapy 3.2 Solution Forces & Strategic Family Therapy 3.3 Family Interviewing 3.4 Supportive Counselling 3.5 Social Skills Therapy	
Unit IV Educational Counselling	4.1 Emotional and Behavioural Problems 4.2 School Difficulties 4.3 Child/Adolescent with disability 4.4 Parent Management Training 4.5 Dealing With Victims of child sexual abuse.	12
Unit V Health Counselling	5.1 Positive Psychology Concept and Need. 5.2 Dealing with HIV/AIDS 5.3 Psycho-physical illness 5.4 Dealing with Cardiovascular Diseases 5.5 Dealing with Deliberate Self Harm	12

Internal Assessment (Marks 30)		
Unit tests (2)	Unit test 1(Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
Skill Enhanced Activities	Poster making/ Presentation /seminar/ Visit –Report/Case study	10 marks
	Total	30 marks

Course material/ learning resources

Text Books and Reference Books:

1. Bond, T. (1997) Standards and Ethics for counsellors in action, New Delhi: Sage
2. Felthman, C., & Horton, I. (2000) (Ed), Handbook of Counselling and Psychotherapy, New Delhi: Sage
3. Robert, G. L., & Marianne, M.H. (2003), Introduction to Counselling and Guidance, Pearson education, Inc
4. Sharma, R .N.,& Sharma,R. (2004), Guidance and Counselling in India.
5. Counselling and Psychotherapy in an International Context, Routledge, New York.
6. निशा मुंदडा आणि शशिकांत खलाणे (२०१३)मानसशास्त्राची मूलतत्त्वे, अथर्व प्रकाशन.
7. हिरवे आणि तसरे (२००६) सामान्य मानसशास्त्र फडके, प्रकाशन, कोल्हापूर.
8. इनामदार, गाडेकर आणि पाटील (२००६)आधुनिक सामान्य मानसशास्त्र, डायमंड प्रकाशन, पुणे.
9. पंडित कुलकर्णी आणि गोरे (१९९९) सामान्य मानसशास्त्र पिंपराळे प्रकाशन, नागपूर
10. बडगुजर, बच्छाव आणि शिंदे (२००६) सामान्य मानसशास्त्र, विद्या प्रकाशन, औरंगाबाद.
11. पाध्ये व्ही. एस. (२०१५) आधुनिक सामान्य मानसशास्त्र, विद्या प्रकाशन, औरंगाबाद.
12. बोरुडे आर आर (२००२) बौद्धिक मानसशास्त्र, छाया प्रकाशन, औरंगाबाद.

13. निंबाळकर के. पी.(२०१६) मानसशास्त्रीय प्रयोग आणि परीक्षण, सायको स्कॅन, वर्धा.
14. देशमुख एन. एम. अभ्यास कौशल्य, वेदमूद्रा प्रकाशन, अमरावती
15. कतरणी स्फूर्ती, मानसशास्त्र विचार विषय व उपयोजन, प्रकाशन नागपूर
16. आळंदीकर ज. ग, अभिनव शैक्षणिक मानसशास्त्र, लेखन वाचन भांडार पुणे
17. देशमुख एल. जी. शैक्षणिक मानसशास्त्र, शिवाजी विद्यापीठ कोल्हापूर
18. पंडित र. वी. शैक्षणिक मानसशास्त्र, विद्या प्रकाशन नागपूर

Sant Gadge Baba Amravati University, Amravati

Faculty: Humanities

Session: 2023-24

Two Years- Four Semesters Master's Degree Programme- NEPv23

Syllabus: M.A. Part 1 (HOME-ECONOMICS)

First Year- Semester- II

Sant Gadge Baba Amravati University, Amravati

Faculty: Humanities

Session: 2023-24

Two Years- Four Semesters Master's Degree Programme- NEPv23

Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- II

Semester II Paper and Syllabus

Sr. No	Type Subject/paper /course	Code No	Name of the Subject	Allotted Hours	Credits
1.	DSC-I.2	2111	Family Resources Management	60	4
2.	DSC- II.2	2112	Human Development	75	5
3.	DSC-III.2	2117	Textile Clothing & Fashion Designing	75	5
4.	DSE-II.A,B		Counselling Psychology	60	4
5.	On Job Training, Internship/ Apprenticeship, Field projects	--	Related to Program and subjects	120	4
				Total	22

Sant Gadge Baba Amravati University, Amravati

Faculty: Humanities

Session: 2023-24

Two Years- Four Semesters Master's Degree Programme- NEPv23

Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- II

Family Resource Management

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics (Theory)	Total Number of Periods (1 hour period)	Credits
1	DSC-I.2 2111	Family Resource Management	60	4

Objectives:

1. To recognize the fundamentals of Housing.
2. To describe the knowledge of Interior decoration.
3. To apply the technique of Work Simplification
4. To improve the skill of preparing the Family Budget.
5. To develop skill of Art of living.

COS-

COs: After successfully completion of course student can be able to-

CO1. Apply and counselling about the work simplification and Budget making.

CO2. Make carrier in the field of Interior Decoration.

CO3. Evaluate and planning the family Budget.

CO4. Develop aesthetic view which reflex to make Interior decoration.

CO5. Apply the technique of Work Simplification for saving time and energy.

Unit	Content	Allotted Periods/Hours
Unit 1 Housing	1.1 Concept and significance of housing. 1.2 Principals of House planning and factors affecting planning of House. 1.3 Characteristics of housing in urban areas. 1.4 Characteristics of housing in rural areas. 1.5 Government housing schemes in urban and rural areas.	12
Unit II: Work Simplification	2.1 Concept and objective work simplification. 2.2 Principle and advantages of work simplification. 2.3 Gross and Crandall's Classes and improving methods of work Simplification. 2.4 Time management and ways of saving of time. 2.5 Energy management and ways of saving of energy.	12

Unit III: Interior Decoration:	3.1 Concept and Importance of Interior decoration. 3.2 Principle of art and its implementation for house interior. 3.3 Importance of space management in Interior decoration. 3.4. Home lighting- Importance and scope in Interior decoration. 3.5 Ventilation- Importance and Types.	12
Unit IV: Family Income and Budget Management	4.1 Concept and objectives of Family income. 4.2 Classification of family income. 4.3 Factors affecting of family income 4.4 Family Budget: Concept and importance of family Budget. 4.5. Characteristics of good Budget	12
Unit V Stress Management	5.1 Concept and importance of Stress Management. 5.2 Types of Stress 5.3 Stress Management technique. 5.4 Prevention for Stress Management. 5.5 Method of Stress Management.	12
Internal Assessment (Marks 30)		
Unit tests (2)	Unit test 1 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
Skill Enhanced Activities	Prepare Family Budget For Different income level. Or To take interview of Architect	10 Marks
	Total	30 marks

Books Recommended:

1. Bhargava Dr Bela 2005: Family Resource Management and Interior Decoration, University Book House Pvt. Ltd., ISBN-13 978-8187339229
2. Gupta Sushma 2018: Textbook of Family Resource Management: Hygiene and Psychology, Kalyani Publishers, ISBN-10 9327293975
3. Singh Dr Brinda 2020: Family Resource Management, Panchsheel Prakashan
4. P. Seetharaman 2019: An Introduction to Family Resource Management, CBS Publications
5. Shrivastav D.N. 2015: Family Resource Management, SBPD Publication House, ISBN-10 9350473011
6. Moore J. Tami 2021: Resource Management, SAGE Publication, ASIN B09B8LXBR5
7. Smith C. Jonathan 2002: Stress Management: A comprehensive handbook of techniques and Strategies, ISBN-13 978-0826149473
8. भार्गव, डॉ. बेला 2005. कौटुंबिक संसाधन व्यवस्थापन आणि अंतर्गत सजावट.
9. गुप्ता, सुषमा, 2018. फॅमिली रिसोर्स मॅनेजमेंट कल्याण पब्लिशर्स
10. सिंह, डॉ. वृंदा 2020. कौटुंबिक संसाधन व्यवस्थापन पंचशील प्रकाशन.
11. पी. सितारामन 2019. कुटुंब संसाधन व्यवस्थापनाचा परिचय सीबीएस प्रकाशन.
12. श्रीवास्तव डी एन 2015 फॅमिली रिसोर्स मॅनेजमेंट पब्लिकेशन हाऊस.
13. मुर जे तामी, 2021. रिसोर्स मॅनेजमेंट सेज पब्लिकेशन

Sant Gadge Baba Amravati University, Amravati
Faculty: Humanities
Session: 2023-24
Two Years- Four Semesters Master's Degree Programme- NEPv23
Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- II

Human Development

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics (Theory)	Total Number of Periods (1 hour period)	Credit
1	DSC-II.2 2112	Human Development	75	5

Objectives:

1. To acquire the knowledge of different stages of Human Development
2. To give a student a broad comprehensive view of Human Rights, and Government Program
3. To acquire the knowledge of personality development

COs:

After completing, the course, the student should be able to:

CO1. Develop and nurtures their personality traits.

CO2. Apply the knowledge of children's rights.

CO3. Solve the problems of old-age senior citizens through counselling as a responsible Citizens.

CO4. Recognize the problems of adulthood and to solve through counselling

CO5. Work as consultants in the social welfare department and child welfare unit.

Unit	Contents	Allotted Periods/Hours
Unit I Puberty	1.1 Meaning, definitions and characteristics of puberty 1.2 Developmental tasks, physical changes and growth in puberty 1.3 Emotions and emotional behaviour in puberty 1.4 Social development in puberty 1.5 Hazards and personal care of puberty	15
Unit II Adolescence	2.1 Definition and characteristics of Adolescence 2.2 Physical growth in Adolescence 2.3 Problems of Adolescence and stages 2.4 Vocational interest and Hobbies in Adolescence 2.5 Social changes during Adolescence	15
Unit III Personality Development	3.1 Meaning, concept and significance of personality development. 3.2 Factors influencing personality development. 3.3 Traits and types of personality. 3.4 Personality adjustment and maladjustment. 3.5 Communication skill and personality development.	15
Unit IV	4.1 Concept and Definition of Adulthood and Old Age. 4.2 Adulthood- developmental tasks and physical changes.	15

Adulthood to Old Age	4.3 Middle-age stage: Concept and Developmental tasks. 4.4 Middle-Age Stage: Physiological changes, pre-menopausal changes and Menopausal changes. 4.5 Problems of old age: Family, social and psychological.	
Unit V Human Rights, and Government Program	5.1 Concept and Definition of Human Rights. 5.2 Laws of Human rights and Child Protection. 5.3 Government Program: Integrated Child Development Schemes. (ICDS) 5.4 Universal immunization programme. (UIP) 5.5 Adolescent Reproductive and Sexual Health. (ARSH)	15
Internal Assessment (Marks 30)		
Unit tests	Unit test 1 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
(2)	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
Skill Enhanced Module	Visit to ICDS training centre /Crech/Anganwadi centre and summarize the observe system/ Report of activities/ Case Study Report.	10 marks
	Total	30 marks

Course Material

Reference Books:

1. Hurlock. E.B. Developmental psychology Tata McGraw hill publishing company Ltd.New Delhi. 2.
2. DevadasR.PA text book of Child Development and Jaya N. Mac Millan India Ltd.Delhi.
3. Suriyahanth. A Child Development Kavitha Publications, Gandhi Gram Tamilnadu.
4. Hurlock E. B. Child Development Tata HC Grawshill Publishing CompanyFontana
5. David-Personality and Education
6. Graves, F.P-Great Educations of Three Centuries
7. Hurlock Elizabeth- Child Development Psychology
8. चंदावसकरनलिनी-किशोरावस्था, म. वि. ग्रं. नि. मंडळ, नागपूर
9. देव, प्रफुल्ल, एनवरायजादाविपीनसिंह -बालमनोविज्ञान
10. काळे, प्रेमला— बालमानसशास्त्र
11. योगेंद्रजीतभाई— बालमनोविज्ञान
12. प्रियंवदा लाठकर -मातृकलाबालविकासबालशिक्षण
13. हेमापुरंदरे- जगजनुकांचे
14. वृंदासिंह- मातृकलाएवमशिशुकल्याण, पंचशीलप्रकाशन, पुणे

Weblink to Equivalent MOOC on SWAYAM if relevant:

1. <https://www.mooc-list.com/tags/human-development>
2. <https://www.coursera.org/learn/learning-knowledge-human-development>

Weblink to Equivalent Virtual Lab if relevant: Any pertinent media (recorded lectures, YouTube, etc.) if relevant:

1. <https://www.youtube.com/watch?v=vAiQ63ZTVJs>

Sant Gadge Baba Amravati University, Amravati
Faculty: Humanities
Session: 2023-24
Two Years- Four Semesters Master's Degree Programme- NEPv23
Syllabus: M.A. (HOME-ECONOMICS) First Year Semester-II

Textile Clothing and Fashion Designing

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics	Total Number of Periods (1 hour period)	Credits
1.	DSC-III.2 2117	Textile Clothing and Fashion Designing (Theory)	45	3

Objectives: -

1. To acquire knowledge about the history and essential elements of Garment construction.
2. To develop the skill of designing a paper pattern for different types of garments.
3. To describe different types of regional costumes.
4. To enhance the ability how to apply the latest fashion in clothing construction.
5. To motivate and generate entrepreneurship skills among the students.

COs:

After successful completion of the course, the student can be able to -

- CO1. Apply and use different types of seems, Fullness, sleeve, Neckline and collars in garment construction.
- CO2. Describe the difference between the Traditional costume of Indian Male and females.
- CO3. Acquire knowledge of body measurements.
- CO4. Explain the Traditional Textile of India in their own words.
- CO5. Demonstrate their learned practical skills through stall management that inspired Entrepreneur among the students.

Unit	Content	Allotted Periods/Hours
Unit I History and pattern making	1.1.History of clothing. Psychological Effects of Clothing 1.2.Factors affecting selection of clothing. 1.3.Body measurements and their importance. 1.4.Preparing measurement chart. 1.5.Method of pattern making i) Drafting ii) Draping	9
Unit II Clothing Construction	2.1 Basic elements in garment construction and Types of seam 2.2 Types of Fullness : i) Tucks ii) Frills iii) Darts and pleats 2.3 Types of sleeves: i) Plan ii) Puff iii) Bell iv) Circle sleeve 2.4 Types of Necklines: i) Plain ii) High iii) Boat Neck 2.5 Types of Collars: Flat ii) peter pan iii) Stand collar	9
Unit III Traditional Textile and clothing of	3.1. Traditional Textile of India: Kalamkari , Patola , Himru – Amru Pitambar, Dacca, Muslin, Baluchar Buttedar, Kanjwaram, Paithani, Chanderi and maheshwari.	9

India	3.2. Traditional Costume: i) Kashmir ii) Himachal Pradesh iii) Punjab 3.3. Traditional Costume: i) Rajasthan ii) Gujrat iii) Madhya- Pradesh iv) Maharashtra (Male and Female) 3.4. Traditional Costume: i) Bengal and Orisa ii) Manipur and Nagaland iii) Assam (Male and Female) 3.5. Traditional Costume; i) Karnataka ii) Tamilnadu iii) Andhra- Pradesh iv) Kerala(Male and Female)	
Unit IV – Fashion Designing	4.1. History and Definitions of Fashion. 4.2. Concept of Fashion and Fashion Cycle 4.3. Factor’s affecting on Fashion cycle: i) Economical ii) Technical iii) Geographical iv) Social v) Cultural vi) Educational vii) Political 4.4. Principles of Fashions. 4.5. Different Fashions and Fashion Accessories.	9
Unit V New Challenges and Self- Employment	5.1. Fashion adoption theories: i) Trickle -Down Theory ii)Trickle -Across Theory iii) Bottom-up Theory 5.2. Combination of old and new Fashion in day-to-day life. 5.3. Scope of Fashion Designing: i) Textile designing ii) Fashion designing iii) Fashion Marketing 5.4. Fashion-Big Business, Merchandise Plan and Evaluation. 5.5. Advantages of computer Designing for self- Employment	9
Internal Assessment (Marks 30)		
Unit tests (2)	Unit test 1(Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
Skill Enhanced Activities	Traditional Costume’s pattern making/sketch drawing (Collection and Exhibition) (Creative & Skilled enhanced activity)	10 Marks
	Total	30 Marks

Sant Gadge Baba Amravati University, Amravati
Faculty: Humanities
Session: 2023-24
Two Years- Four Semesters Master's Degree Programme- NEPv23

Syllabus: M.A. (HOME-ECONOMICS) First Year Semester-II

Sr.No.	Code of the Course/Subject	Title of the Course/Subject Home-Economics (Laboratory/Practical/practicum/hands-on/Activity)	Total Number of Practical	Credits
1.	DSC-III.2 2117	Textile Clothing and Fashion Designing	2Practical/Week/ 60 Hours	2

Textile Clothing and Fashion Designing

COs:

After successful completion, of course, the student can be able to -

CO1. Develop skills regarding designing of paper pattern for different types of garments.

CO2. Enhance the ability how to apply the latest fashion in clothing construction.

List of Practical

List of Practical

Sr.No	Practical course/activities (2 Practical/Week/Batch)
1.	Types of the seam - Plain seam, double-stitched seam, French seam and flat felled seam
2.	Neck lines-round necklines, square necklines, V necklines and collared necklines
3.	Sleeves-Regular sleeves, raglan sleeves, bell sleeves and frill sleeves

Distribution of Practical Marks

Total Marks-50

Practical Work	Marks	Evaluation Mode	Total Marks
Types of the seam (Any Two)	10	External	25
Drafting of sleeve (Any one type)	10		
Viva	05		
Class Work reports and activities report/Album	20	Internal	25
Record book	05		

Course Materials

Reference Books

17. Allynne Bans: Creative Clothing Construction
18. Baxamusa Ramdas M and Gupte Giririja: Assistant for women's Development from national agencies: popular Prakash and Bombay
19. Dewulkar Durga: Household Textile and Laundry Work.
20. Katherine Hess Textile fibres and their Use
21. Nikolus Drake: Fashion Illustration Today
22. Savitri Pandit Regional Embroidery.
23. Allyn Bans: creative clothing construction.
24. M. Joseph, Holf Rinechants (1995) Essentials of Textiles, Winston Publications
25. Moncrief R.W, (1980) Manmade Fibres, John Willey and Sons, New York 9. Corbman B(1990) Fibre to Fabric, Woods publications 10. A.F Barker,(1985) Principles of Weaving, John Willey and Sons, New York 11. Cook J Gordon,(1975) Handbook of Textile Fibres Merrow Publishing Co. Ltd., England
26. 9. Yalda Vijay Laxmi , jasnaisucheta: Home science -kalyani publishers , New Delhi.
27. अढाऊ विमल :वस्त्रशास्त्रम. वि. ग्रंथनिर्मितीमंडळ, नागपूर
28. 10. वैरागडे उज्वला, अग्रवाल अन्विता: वस्त्रशास्त्राची संकल्पना व फॅशन डिझाईनिंग
29. नाडकर्णी रामचंद्र: स्वयंरोजगारमंत्र आणि तंत्र मनोरमा प्रकाशन मुंबई.
30. वाघसुरेश: उद्योग ज्ञानदीप महाराष्ट्र उद्योगविकास केंद्र औरंगाबाद
31. 13. अढाऊ विमल: वस्त्रविज्ञान श्रीकांत प्रकाशन अमरावती
32. 14. हेगडेकृ. म. शास्त्रोक्त शिवणकला परशुराम

Sant Gadge Baba Amravati University, Amravati

Faculty: Humanities

Session: 2023-24

Two Years- Four Semesters Master's Degree Programme- NEPv23

Syllabus: M.A. (HOME-ECONOMICS) First Year Semester- II

Counselling Psychology

Sr.No	Code of the Course/Subject	Title of the Course/Subject Home-Economics	Total Number of Periods (1 hour period)	Credits
1.	DSE-II.A	Counselling Psychology (Theory)	60	4

Objectives:

- 1) To introduce Basic Concepts of counselling
- 2) To Provide Basic Concept of psychology
- 3) To provide students with an understanding of the basic methods of counselling
- 4) To introduce students to family therapy and its branches
- 5) To introduce students to Health therapy

COs

After successfully completion of course student should be able to-

- CO1. Understand basic methods of counselling.
- CO2. Learn family therapy and its Branches
- CO3. Gain the knowledge of various fields of counselling
- CO4. Awake of mental illness and mental health in the surrounding area
- CO5. Aware various types of problems faced by family members

Unit	Content	Allotted Periods/Hours
Unit I Introduction of behaviour	1.1. Definition of Social behaviour, 1.2. Difference between normal and abnormal behaviour, 1.3. The DSM classification of abnormal behaviour- Biological, psychological and sociocultural 1.4. Perspectives of abnormal behaviour. 1.5. Relationship between abnormal Psychology & Counselling	12
Unit II Counselling and Guidance	2.1 Difference between Guidance 2.2 Phrases of Counselling and Counselling Therapies 2.3 Ethics-Ensuring Autonomy 2.4 Confidentiality & Record Keeping 2.5 Prof. Berchries, legal responsibilities	12

Unit III Human Recourses	3.1 Definition and meaning of Human recourses 3.2 Hearing, Motivating & maintaining people 3.3 Human recourses Planning and Designing. 3.4 Recruitment & Selection and Job analysis 3.5 Counselling for employees	12
Unit IV Crisis Counselling	4.1 Meaning and Definition of Crisis 4.1 Problem Solving 4.2 Relaxation Techniques 4.3 Behavioural Activities 4.5 Cognitive Restructuring	12
Unit V Life Skills	18.1 Self-Awareness, 18.2 Decision making. 18.3 Creative thinking, 18.4 Problem solving 18.5 Coping with Stress & Emotion	12

Internal Assessment

(Marks 30)

Unit tests	Unit test 1(Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
(2)	Unit test 2 (Open Book Test/ Objective type Test/Descriptive Test)	10 Marks
Skill Enhanced Activities	Self-Concept Inventory/ Youth Psychological Problem's (Check List on interview base)	10 Marks
	Total	30 marks

Course material/ learning resources

Text Books and Reference Books:

19. Bond, T. (1997) Standards and Ethics for counsellors in action, New Delhi: Sage
20. Felthman, C., & Horton, I. (2000) (Ed), Handbook of Counselling and Psychotherapy, New Delhi: Sage
21. Robert, G. L., & Marianne, M.H. (2003), Introduction to Counselling and Guidance, Pearson education, Inc
22. Sharma, R .N.,& Sharma,R. (2004), Guidance and Counselling in India.
23. Counselling and Psychotherapy in an International Context, Routledge, New York.
24. निशा मुंदडा आणि शशिकांत खलाणे (२०१३)मानसशास्त्राची मूलतत्त्वे, अथर्व प्रकाशन.
25. हिरवे आणि तसरे (२००६) सामान्य मानसशास्त्र फडके, प्रकाशन, कोल्हापूर.
26. इनामदार, गाडेकर आणि पाटील (२००६)आधुनिक सामान्य मानसशास्त्र, डायमंड प्रकाशन, पुणे.
27. पंडित कुलकर्णी आणि गोरे (१९९९) सामान्य मानसशास्त्र पिंपराळे प्रकाशन, नागपूर
28. बडगुजर, बच्छाव आणि शिंदे (२००६) सामान्य मानसशास्त्र, विद्या प्रकाशन, औरंगाबाद.
29. पाध्ये व्ही. एस. (२०१५) आधुनिक सामान्य मानसशास्त्र, विद्या प्रकाशन, औरंगाबाद.
30. बोरुडे आर आर (२००२) बौद्धिक मानसशास्त्र, छाया प्रकाशन, औरंगाबाद.
31. निंबाळकर के. पी.(२०१६) मानसशास्त्रीय प्रयोग आणि परीक्षण, सायको स्कॅन, वर्धा.
32. देशमुख एन. एम. अभ्यास कौशल्य, वेदमूद्रा प्रकाशन, अमरावती
33. कतरणी स्फूर्ती, मानसशास्त्र विचार विषय व उपयोजन, प्रकाशन नागपूर
34. आळंदीकर ज. ग, अभिनव शैक्षणिक मानसशास्त्र, लेखन वाचन भांडार पुणे
35. देशमुख एल. जी. शैक्षणिक मानसशास्त्र, शिवाजी विद्यापीठ कोल्हापूर
36. पंडित र. वी. शैक्षणिक मानसशास्त्र, विद्या प्रकाशन नागपूर

Appendix-B

Examination and question pattern of M.A. Degree Programme:- (Semester I to IV)

- 1) Examinations shall be conducted in Offline mode in accordance with Ordinance No. 9. However, under special circumstances and in specific cases, those can be conducted in online mode on the recommendations of Board of Examination & Evaluation and approval by the Academic Council.
- 2) An examinations shall be held at the end of each semester.
- 3) Question paper of examination shall be in English, Marathi and Hindi as applicable.
- 4) The question bank for theory/subject/paper (MCQ, Long answer, short answer, problems or numerical, computations, design as applicable) except case study should be prepared along with memorandum and solutions of problem.
- 5) Syllabi of respective papers have been divided in to five units for each paper/subject.
- 6) Weightage shall be equal for each unit of the respective paper/subject.
- 7) All questions in the question paper shall be compulsory.

Distribution of Marks NEP 2023-24 for PG Programme

Notes :	<ol style="list-style-type: none"> 1) Distribution of Marks of Theory & Internal 70+30+ 100 (Home-Economics) <ol style="list-style-type: none"> a) 50 Marks for Descriptive Type Questions. b) 20 Marks for Multiple Choice Questions c) 30-(20 marks 2 Units Tests & 10 Marks for Skill Enhancement activities). <p style="text-align: center;">Theory 70, Internal 30 = 100</p>
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Evaluation System of the examination NEP 2023-24 for PG

Evaluation System	Internal	External	
Total 100	30	Theory 70	
	Unit Tests & Skill Enhanced Activities	<ol style="list-style-type: none"> 1. Multiple Choice Questions (2 mark each) 20 marks 2 2 Descriptive/Essay Type Questions.(2 x10) 20 Marks 3. 3 Short Answer 3 questions (4 x2.5=10) 30 Marks 	
100	30	70	

Distribution of Marks NEP 2023-24 for PG Programme

(Home-Economics) Practical Subject

Notes :	<ol style="list-style-type: none"> 1) Distribution of Marks of Theory , The Internal & Practical 70+30+50= 150 marks (Home-Economics) Practical Subject <ol style="list-style-type: none"> a) 50 Marks for Descriptive Type Questions. b) 20 Marks for Multiple Choice Questions c) 30-(20 marks 2 Units Tests & 10 Marks for Skill Enhancement activities). e) Practical 50 (Internal 25 and External 25) <p style="text-align: center;">Theory 70, Internal 30 and Practical 50 = 150 Marks</p>
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Evaluation System of the Examination NEP 2023-24 for PG

Total	Internal	External			
		Theory		Practical	
150	Unit Tests And Skill Enhanced Activities	<ol style="list-style-type: none"> 1. Multiple Choice Questions (2 mark each) 20 marks 2 2 Descriptive/Essay Type Questions.(2 x10) 20 Marks 3. 3 Short Answer 3 questions (4 x2.5=10) 30 Marks 		Internal	External
				25	25
150	30	70		50	